

# REGISTRATION FORM

## UNSUPERVISED TOP ROPE & BOULDERING – GREEN CARD

**BMC PARTICIPATION STATEMENT** – “The British Mountaineering Council recognises that climbing and mountaineering are activities with danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”



<b>Childs Personal Details - To be completed by the under 18</b>	
<b>Surname</b>	<b>First Name</b>
<b>Date of Birth &amp; Age</b>	<b>House no. &amp; Postcode</b>
<b>Home Tel No.</b>	<b>Mobile Tel No.</b>

Once you have read the **Conditions of Use and Rules** of the climbing centre, you must answer the following questions writing either “**Yes**” or “**No**” in the box provided then sign the declaration at the bottom of the form. Only climbers who give satisfactory answers to the questions will be registered and allowed to climb unsupervised.

**Yes/No**

**Have you read and understood the conditions of use and rules of the centre?**

**Do you understand that failure to exercise due care could result in your injury or death?**

**Do you have any questions regarding the application of the conditions of use or the rules?**

**Do you agree to abide by the rules of the climbing centre?**

**Do you understand that a `Green Card` is a privilege and abusing it, may result in your green card being terminated?**

**\*Are you competent to use our bouldering facilities?**

**\*Can you put on a climbing harness correctly?**

**\*Can you attach a rope to your harness using a suitable climbing knot?**

**\*Can you use a belay device to secure a falling climber and lower a climber from the wall?**

**Do you require instruction in any of the above techniques [Marked\*]?**


<b>Parent / Guardian – Emergency Contact – To be completed by the parent/guardian.</b>	
<b>Emergency Contact (name 1)</b>	<b>Relationship</b>
<b>Mobile Tel. No.</b>	<b>Other Tel. No(s)</b>
<b>Email Address</b>	
<b>Emergency Contact (name 2)</b>	<b>Relationship</b>
<b>Mobile Tel. No.</b>	<b>Other Tel. No(s)</b>
<b>Email Address</b>	

**Declaration of fitness**

I certify that to the best of my knowledge, I do not suffer from medical condition that might have the effect of making it more likely that I be involved in an accident that could result in injury to others or myself.

**Declaration of fact**

I also confirm that the above information is correct and if any information changes I will notify the centre.

**Under 18's Signature**

**Date**

**Parent / Guardian Signature**

**Date**

# REGISTRATION FORM –

## Parental Consent – **To be completed by the parent/guardian.**

### **UNSUPERVISED TOP ROPE & BOULDERING – GREEN CARD**

**BMC PARTICIPATION STATEMENT** – “The British Mountaineering Council recognises that climbing and mountaineering are activities with danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

<ul style="list-style-type: none"> <li>• They will be <b>unsupervised</b> and are responsible for their own safety.</li> <li>• It is the parent’s responsibility to reassure themselves of their child’s competency, and to use Rope Race members of staff as an adviser for this.</li> <li>• This ‘Green Card’ does not guarantee that they are full competent in the skills required to ensure their safety.</li> <li>• They must have read and understood the conditions of use and rules of the centre. Failure to observe these may result in their membership being terminated and being asked to leave the centre</li> <li>• If they or their chosen climbing partner fail to exercise due care it could result in their injury or death. Rope Race can not be responsible for individuals’ own actions which result in them taking unnecessary risks. Common-sense, self-preservation and care are essential at all times.</li> <li>• They will not be allowed to sign in or take responsibility for any other under 18’s or novice climbers.</li> <li>• Top rope Green Card and lead Green Card are separate sessions. A top rope Green Card does not cover the skills required to enable them to lead climb. They will need a higher level of experience and expertise, have attended a Lead Green Card and be over 16 to enable them to do this.</li> </ul>	<ul style="list-style-type: none"> <li>• The Green Card is regarded as a privilege available to those who demonstrate they are responsible enough to participate in the activities at Rope Race unsupervised. Should at any point participants be viewed to be abusing their privilege, their membership may be terminated.</li> <li>• I confirm to the best of my knowledge that my son/daughter does not suffer from any medical condition other than those stated.</li> <li>• In your child’s interests, it is important that Rope Race staff should know whether he/she suffer from any illness or medical condition. Please use the space below to state, in confidence, anything which our staff should be aware of. Please also indicate if your child is taking any medication, with details and dosage, and/or specific dietary requirements</li> <li>• I confirm that my child is not subject to any court order prohibiting publication of their image and that I allow publication of the image for official Rope Race use only.</li> <li>• I confirm that all the information on this form is correct and if any information changes I will notify the centre.</li> <li>• <b>I confirm that we have been into Rope Race and are aware of all aspects of the centre.</b></li> </ul>
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Please state medical conditions and / or medication:

Once you have **read the conditions of use and rules** of the climbing centre, you must answer the following questions by writing “**Yes**” or “**No**” in the box provided then sign the declaration at the bottom of the form.

- Have you read and understood the conditions of use and rules of the centre?**
- Have you read the BMC participation statement?**
- Do you understand that the above applicant will be **unsupervised** and is responsible for their own, and climbing partner’s safety?**
- Do you understand that climbing is a hazardous activity with an element of risk?**
- Do you understand that failure to exercise due care could result in injury or death?**
- Do you understand that your child will rely on another under 18 with Green Card for their safety?**
- Do you believe the applicant understands the risks involved?**
- Are you satisfied that your child is competent to partake in all Rope Race activities?**
- Do you allow them to do so **unsupervised**?**

**Yes / No**


Climbing requires participants to rely on their climbing partner for their safety. In signing below you are satisfied that your child can take responsibility for the safety of their climbing partner using techniques they have demonstrated on the Green Card.

**Parent / Guardian Signature**

**Date**

This part to be filled in by instructor			
Date		Green Card Number	
Signature/Name			

**BMC PARTICIPATION STATEMENT**  
 – “The British Mountaineering Council recognises that climbing and mountaineering are activities with danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”



**Risks** - “The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

Although the climbing centre is an artificial environment the risks involved are **no less serious than when climbing outside** on a crag or mountain. **There is an additional risk that bolt-on holds can spin or break.**

The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT FLOORING DOES NOT MAKE THE CLIMBING ANY SAFER.** Broken and sprained limbs are common on this type of climbing wall despite the soft landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Climbing **beyond your capabilities** on any wall is likely to result in a **fall**. Any fall may result in an **injury** despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

**Our Duty of Care** - The rules of the climbing centre set out below **are not** intended to limit your enjoyment of the facilities. They **are** part of the **duty of care** that we, as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

**Your Duty of Care** - You also have a **duty of care** to act responsibly towards the other users of the centre.

**Unsupervised Climbing** - Before you climb without supervision Rope Race expects you to be competent in the safe use of a safety harness, a suitable knot to attach a rope to the harness and a belay device to secure a falling

climber or lower a climber from the wall using a rope. You are required to complete a disclaimer/group form to say that you know how to use the equipment, that you are prepared to abide by the Rules below and that you understand the risks involved in your participation.

**A novice must not** climb without supervision of a registered user or instructor.

**Unsupervised climbing is just that!** Staff will provide whatever help and advice they can, but instruction in the use of equipment or climbing techniques will only be provided where it has been booked and paid for in advance. If you are not **confident** in the use of any climbing equipment or technique then **do not** attempt to use it without the supervision of someone who is competent to do so.

**Supervised Climbing** - An adult who has registered at the centre may supervise novice climbers as long as they are prepared to **take full responsibility for the safety of those people.**

**Children** – All children in the centre must be supervised and be **kept in line of sight at all times**, unless they have been assessed by the management and registered for unsupervised climbing.

## RULES

### General Safety

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are belaying or spotting a climber. Never stand directly under someone who is climbing.
- Children must not be left unsupervised.

### Top Roping

- Many of the climbs in the centre have top ropes already in place. Do not take them down to use on other routes.

### Leading

- When using the lead walls you must supply your own appropriately rated dynamic rope. Do not use the centre's top ropes for lead climbing.

- You must clip **all** the runners on the route you are climbing.

### When Belaying

- Always use a belay device attached to your safety harness with a locking karabiner. 'Traditional', or 'body' belaying is not acceptable.
- Always pay attention to what the climber is doing.
- Always stand as close to the climbing wall as is practical, sitting or lying down is not acceptable.

### When Climbing

- The tall walls are designed to be climbed using a rope for protection. Solo climbing is not acceptable on these walls. Always use a rope to protect yourself on these climbs.
- Always use a safety harness to attach yourself to the rope.
- Always tie the rope directly into the harness using a suitable climbing knot.

### Bouldering

- Always climb within your capabilities and descend by down climbing, jumping or, at the very least, a controlled fall.
- Never climb directly above or below another climber.